

# PROGRAM VALUES



## HIGH-LEVEL TRAINING...

Our directors are coaches with college/high school/competitive club playing & coaching experience who have trained kids of all ages/skill levels.



## HIGH-LEVEL GROWTH...

Sports should not only grow players in their love & knowledge of the game but also have an impact on the kind of people they become! Our players are taught that God has created them with a purpose... and soccer is a venue for them to glorify Him.



## HIGH-LEVEL EXPERIENCE...

Growing in the sport is of great importance. But it is equally important for this program to be an experience that players and their families can cherish for years to come.

# IMPORTANT REMINDERS

## GAME STRUCTURE:

U8 will play 4 v 4 without a goalie and use a size 3 ball.  
U10 will play 7 v 7 with a goalie and use a size 4 ball.

## CANCELLATION POLICY (Check website if inclement weather)

Games will be cancelled a minimum of one hour prior to the event, with notification being made by email and posted to website (AllOutSports.org).

**PRACTICE 1** - Mon, Mar 16th **PICTURE DAY** - TBD  
**1<sup>ST</sup> GAME DAY** - Sat, April 11th **TOURNAMENT** - May 30th

# WHAT IS "ACADEMY LEAGUE"

Introduced in Fall 2024, the new All Out SC "Academy League" took the place of our participation in the HOYSA (Heart of Ohio Youth Soccer Association). Why did we decide to make this change?...

1. We wanted to compete here locally in Mount Vernon making games accessible to our families and reducing travel.
2. We wanted our teams to face the best competition! And our U8 and U10 teams were consistently near the top of their league standings in the HOYSA. There's plenty of great competition right here in Mount Vernon!
3. This allowed our club the ability to promote the growth of our players by using game days as continued opportunities for development.

# SPRING '26 - U10 SCHEDULE

## MARCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## APRIL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	
5	6	7	8	9	10	
12	13	14	15	16	17	
19	20	21	22	23	24	
26	27	28	29	30		

## MAY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	
3	4	5	6	7	8	
10	11	12	13	14	15	
17	18	19	20	21	22	
24	25	26	27	28	29	

## CALENDAR KEY:

	U10 ACADEMY GAMES
	HOYSA TOURNAMENT (5/23)
	ALL OUT SC CLUB PRACTICE DAY
	OPEN FIELD NIGHT
	NO SOCCER ACTIVITIES

## ALL OUT SC MONDAY

## CLUB PRACTICE SCHEDULE

- 5:15 PM - PRE-PRACTICE
- >Fields Open for "Street Soccer"
- 5:30 PM - PRACTICE BEGINS
- >"Street Soccer" Continues
- 5:45 PM - MEET W/ CLINICIAN
- >Foot Skills & Grid Training
- 6:00 PM - DRILL TIME
- >Typically 2-3 Drills
- 6:25 PM - SCRIMMAGE TIME
- 6:40 PM - TEAM TALK TIME
- 6:45 PM - PRACTICE ENDS

## THURSDAY OPEN

## FIELD SCHEDULE

- 5:15 PM - PRE-PRACTICE
- >Fields Open for "Street Soccer"
- 5:30 PM - OPEN FIELD BEGINS
- >"Street Soccer" Continues
- 5:40 PM - FUNDAMENTALS
- >Foot Skills & Grid Training
- 6:00 PM - SCRIMMAGE TIME
- >Full or Small-Sided
- 6:45 PM - OPEN FIELD ENDS